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# ForestWatch Outing

Outing Alert

**Medicinal Plants Hike  
with Patricia Kyritsi Howell  
Friday, September 23rd, 2016**



*Witch hazel leaves in the fall*

**Friday, September 23, 2016**

### Join Now

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### Georgia ForestWatch

81 Crown Mountain Pl  
Building C, Suite 200  
Dahlonega, GA 30533  
706-867-0051 office

Check us out on the web at [www.gafw.org](http://www.gafw.org)

**Hike Leader:** Patricia Kyritsi Howell

**Hike Location:** TBD, based on plant availability, but it will be in the Chattahoochee National Forest, Rabun County. Please check with the ForestWatch office a few days before the hike for final location.

**Outing Description:** This hike is for anyone interested in the historical and current uses of local plants as medicine, foods, and more. We'll look at blooming flowers, the foliage of some earlier blooms, and maybe ID a few mushrooms as we walk.

**Hike Date:** Friday, September 23, 2016

**Meeting Time, Place and Directions:** Meet at 9:00 AM at Ingles Grocery Store, 176 Highway 441 N, Clayton, GA 30525. Look for us on the left side of the parking lot (as you face the store). We'll be back by 3:00 PM.

**Distance and Difficulty:** This is a slow-paced, moderate hike that still requires the ability to hike for at least 3 miles.

**Participant Limit:** 15

**What to Bring and Wear:** Lunch, plenty of water, rain gear, sturdy footwear. (If allergic to bees/wasps, remember to bring your meds/epi-pen.) Optional: Newcomb's Wildflower Guide or any other wildflower field guides, loupe or magnifying glass, camera.

**Cancellation:** Participants will be notified if outing is cancelled due to forecast of severe weather, etc.

**Pet Policy:** No pets please.

**Family Safe Policy:** Georgia ForestWatch Outings are a smoke, alcohol and drug-free setting.

**Sign Up Now!**  
**Limited Space**  
**Reservations Required**

Our outings are free of charge and open to everyone on a first come, first served basis, up to the limit. **BUT DON'T FORGET**, Georgia ForestWatch members are given priority on our hikes. To learn how you can become a member, [click here](#).

**To Reserve Your Spot:** Please email our office at [info@gafw.org](mailto:info@gafw.org) or call 706-867-0051 with the following information.

1. Name of person(s)
2. Your email address
3. Your phone number (preferably cell if you will be carrying it on the outing day)

For more information on the hike, OR if you need directions on the day of the hike, contact Patricia Kyritsi Howell at 706-490-3904.

***Upcoming Outings & Events - Mark Your Calendars!***

September 23rd - Medicinal Plants Hike - *with Patricia Kyritsi Howell*

September 24th - Smithgall Woods Hike - *with Jess Riddle and Will Wagner*

October 8th - Georgia ForestWatch Fall Retreat, *Celebrating 30 Years of Watching Your Forests*

November 12th - American Chestnut Outing - *with Dr. Martin Cipollini*

November 19th - Murder Creek RNA, Oconee National Forest - *with Dr. JP Schmidt*

November 26th - Tiger, GA Hike - *with Marie Dunkle*

January 1st, 2017 - Rabun Bald Hike - *with Marie Dunkle*

