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**Medicinal Herb Hike
with Patricia Kyritsi Howell**

Tuesday, May 14, 2019



Mayapples and Canadian Violets. Photo by PKH

Hike Leader: Patricia Kyritsi Howel I, RH (AHG)

Hike Location: Till Ridge, Patterson Gap, Rabun County

Hike Date: Tuesday, May 14, 2019

Outing Description: The Southern Appalachians are home to a dizzying array of plants with a long history of use as medicine and wild foods. On this hike (which will be more of a meander, as we'll be stopping frequently), we'll look at the herbs of spring, interweaving their history with their modern uses.

Meeting Time, Place and Directions: Meet at 9:00 AM at Piggly Wiggly Grocery Store, Dillard, GA ([See on Google Maps](#)). Look for us in the parking lot in the row closest to 441. We'll be back by 3:00 PM.

Distance and Difficulty: This is a slow-paced, moderate hike that still requires the ability to hike for at least 2-3 miles.

Duration: We should be back at our vehicles by 3:00 pm.

Participant Limit: 15

What to Bring and Wear: Lunch, water, rain gear, sturdy footwear. (If allergic to bees/wasps, remember to bring your meds/epi-pen.) Optional: Newcomb's Wildflower Guide or any other wildflower field guides, loupe or magnifying glass, camera.

Cancellation: Hikers will be notified if the hike is canceled due to forecast of severe weather, etc.

Pet Policy: No pets, please

Family Safe Policy: Georgia ForestWatch Outings are a smoke, alcohol, and drug-free setting.

**[Click here to sign up now!](#)
Spaces are limited.
Reservations are required.**

Our outings are free of charge and open to everyone on a first-come, first-served basis, up to the limit. BUT DON'T FORGET, **Georgia ForestWatch members are always given priority on our hikes** . To learn how you can become a member, [click here](#) .

PLEASE READ: By registering for this event, you certify that you have read and agreed to the ForestWatch [outing waiver of liability](#) .

For more information on the hike, OR if you need directions on the day of the hike, please contact Patricia Howell by [email](#) or call 706-490-3904 . Please note that the Georgia ForestWatch office is not open on the weekends, so you will need to contact Patricia directly.

Mark Your Calendar For Our Upcoming Outings:

Sunday, June 16 - Mt. Yonah Geology Hike - *with Dr. Bill Witherspoon*

Friday, June 28 - Summer Tree ID at Lake Winfield Scott - *with Sue Harmon and Cliff Shaw*

Friday, June 12 -Valley of the Giants Old-growth Hike at Cooper Creek - *with Sue Harmon and Cliff Shaw*

Georgia ForestWatch outings are advertised first to members, about three weeks in advance. A few days later, if spaces are still available, a notice goes out to all who are on our Outings list. We do not take reservations in advance of the email.

Mark Your Calendar For Our Upcoming EVENTS:

Sunday, May 5 Georgia Mountain Treasures 3 to 5 pm
Episcopal Church of the Holy Family, Jasper--RSVP [here](#)

Sunday, June 2 Georgia Mountain Treasures 2 to 4 pm
Fannin Brewing Company, Blue Ridge--RSVP [here](#)

Sunday, June 9 Georgia Mountain Treasures 3 to 5 pm
Georgia Mountains Unitarian Universalist Church, Dahlonega--RSVP [here](#)



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